

MULTIVITAMIN CORE ANTI-AGING FORMULA

Each of our multivitamins is formulated with our comprehensive, science-based Core Anti-Aging Formula, which contains clinical doses of 27+ essential vitamins, minerals and antioxidants for superior health, optimal nutrition and maximum protection against the aging process.

†Multi Nutrient BASIC is formulated with 25 ingredients



A Daily Dose Contains:	Amount	% Daily Value
Vitamin A (as beta-carotene and mixed carotenoids)	5,000 IU	100%
Vitamin C (as ascorbic acid)	1,000 mg	1667%
Vitamin D3 (as cholecalciferol)	1,000 IU (2,000 IU in GOLD)	250%
Vitamin E (as natural d-alpha tocopheryl succinate with mixed tocopherols)	200 IU	1333%
Thiamine (vitamin B1) (as thiamine HCl)	25 mg	1667%
Riboflavin (vitamin B2)	25 mg	1471%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as methylcobalamin) (some formulas use cyanocobalamin)	500 mcg	8333%
Biotin	300 mcg	100%
Pantothenic acid (as d-calcium pantothenate)	50 mg	500%
Calcium (as calcium carbonate, calcium citrate and calcium amino acid chelate)	400 mg	80%
Magnesium (as magnesium oxide, magnesium citrate, magnesium taurinate, magnesium glycinate & magnesium ascorbate)	400 mg	88%
Zinc (as zinc monomethionine, from OptiZinc®)	20 mg	133%
Selenium (as selenomethionine)	200 mcg	286%
Copper (as copper chelate)	2 mg	100%
Manganese (as manganese chelate)	2 mg	100%
Chromium (50% as chromium picolinate and 50% as chromium polynicotinate complex from ChromeMate™)	200 mcg	167%
Alpha Lipoic Acid	50 mg (100 mg in GOLD)	*
Grape Seed Extract (seed)	50 mg	*
Green Tea Extract (leaf) (standardized to 99% polyphenols, 55% EGCG)	50 mg	*
Curcumin (Turmeric) (rhizome) (standardized to 95% curcuminoids)	20 mg	*
CoEnzyme Q10 (from KanekaQ10™)	10 mg	*
Lycopene	5 mg	*
Lutein	10 mg	*
Zeaxanthin	2 mg	*
Ginkgo Biloba (leaf) (standardized to 24% ginkgoflavone glycosides and 6% terpene lactones)	120 mg	*

***NOTE: Ginkgo Biloba is not included in all our multivitamins, so we consider this the 28th ingredient in some of our formulas.

Lutein & Zeaxanthin - These two powerful carotenoids, found in many fruits and vegetables, play a vital role in helping to prevent vision decline, which is often associated with aging. Our formula contains 40 times more than the leading drugstore brand multivitamin.

*****Ginkgo Biloba** - Ginkgo has been proven to prevent memory loss. It is a powerful antioxidant, shown to slow nerve cell degeneration, protect brain cells from neurotoxins, reduce inflammation and improve blood flow. We use a potent, standardized extract.

Lycopene - Leading research has shown this powerful carotenoid to be associated with a decreased risk of lung, prostate and ovarian cancer. While experts recommend 2 - 5 mg per day as an effective anti-aging dose, many multis only contain a fraction of this amount.

Vitamin A - A powerful antioxidant that works to foster healthy vision, immune system function and superior cellular health. We use beta-carotene and mixed carotenoids for maximum effectiveness and to ensure optimal vitamin D absorption.*

Vitamin D3 - Breakthrough research has shown that D3 can support healthy bones, a better mental outlook, and has been directly linked to enhanced longevity. Our formula contains natural vitamin D3, the most superior form, at a dosage that is higher than that of any other multi.

B Complex - Get the full spectrum of B vitamins in optimal, balanced doses essential to support cognitive enhancement, energy production, cardiovascular health, a healthy nervous system, enhanced immune function and optimal cellular health.

Essential Minerals - Optimal doses of selenium, magnesium and chromium, as well as the perfect balance of zinc and copper, as recommended by leading researchers. Few other multis contain proper amounts of these minerals needed to support healthy heart, bone and immune function as you age.

Grape Seed Extract - Grape seed extract, a powerful, patented antioxidant that is one of the most potent, free radical-scavengers available. It is well known to promote healthy cardiovascular function and delay the degenerative processes that lead to premature aging.

Curcumin - This powerful, standardized antioxidant spice extract acts as an effective anti-inflammatory agent. Research has found that it can help curb inflammation, modulate blood sugar, reduce cholesterol levels, lower Alzheimer's risk and foster optimal cellular health.

Vitamin C - Formulated with pure vitamin C and at an amount that is far higher than most other multis. This essential vitamin is a diverse and powerful antioxidant in the body and plays a major role in boosting the immune system, preserving skin's youthful appearance and delaying premature wrinkling and aging.

Vitamin E - Considered the "Master Antioxidant" that offers protection from oxidative damage throughout your entire body, our clinical dose helps to keep you healthy and extend longevity. Many multis use synthetic vitamin E. We use only all natural mixed tocopherols for maximum potency.

Calcium - Many multis contain negligible amounts, requiring most people to take additional pills. Our formula contains a clinical dose as shown by research to maintain proper bone density and healthy blood pressure. Lifelong nutritional calcium intake decreases the risk of age-related diseases.

Alpha Lipoic Acid (ALA) - Known as the "Universal Antioxidant," ALA plays a role in keeping cells healthy throughout the body. It also serves to enhance the effectiveness of other antioxidants, including vitamin C and E. Few other multis contain this remarkable anti-aging compound.

Green Tea Extract - Virtually non-existent in most other multis, our high EGCG formula contains a potent dose of standardized decaf extract for an extraordinary antioxidant boost. Green tea is known for its extraordinary antioxidant, anti-inflammatory and anti-aging properties and may also promote weight loss.

CoEnzyme Q10 - An amazing nutrient rarely found in other multis, CoQ10 is a powerful antioxidant that plays a vital role in cardiovascular health, brain health and healthy aging. We use premium grade Kaneka Q10™ for maximum bio-availability and absorption.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions About Our Core Anti-Aging Formula? Call our Certified Nutrition Experts at 800-627-9721, email them at nutritionist@stopagingnow.com or use the Live Help feature on our website.

CONTAINS NO Iron, Molybdenum, Potassium or Phosphorous - The iron contained in most multis can accelerate aging in adult males and post-menopausal women. Molybdenum, potassium and phosphorous are so abundant in the diet that adding them is unnecessary and takes up room for other, more valuable ingredients.